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- ☒ Book hair cut
 - ☒ Send Birthday card
 - ☒ Buy cereal
 - ☒ Call John
 - ☐ Get eyes checked

Don't lose sight of what's important.

Eye conditions and other health problems can be detected in the early stages through regular eye tests. Did you know, 50% of sight loss is avoidable?

Show your eyes some love and book an eye test today.

kab.org.uk/love-your-eyes

#LoveYourEyes

love your  eyes



**Kent
Association
for the
Blind**

Registered charity number: 1062354